

Sussex County
Department of Health and Human Services
Division of Health
Office of Public Health Nursing and Environmental Office
Clinics, Outreach Events, Public Education and Upcoming Events, DOH Activities
August, 2023

Women's Health Screening

Next Clinic Date: October 12, 2023

A Women's Cancer screening clinic was held on **September 21, 2023** from 4:00pm - 7:00 pm, five (5) women scheduled and five (5) were screened. . This service is available free to underinsured and uninsured county residents who qualify for the NJCEED grant. A cervical thin-prep Pap smear, clinical breast exam, and pelvic exam are included in the physical exam at the time of clinic. Breast, cervical, colorectal, smoking cessation health education will be available at the time of screening. Mammograms are scheduled for a later date. Pre-registration is required and participants must have an appointment. Walk-ins will not be accepted. Please contact the Office of Public Health Nursing at 973-579-0570, ext. 1246, or visit www.sussex.nj.us/nursing to obtain more information or schedule an appointment

Men's Health Screening

Next Clinic Date: TBD

The clinic was held on May 17, 2023, one (1) patient was seen. Under the direction of the NJCEED Program, a clinic is held twice a year. Prostate and colorectal testing is done along with a free PSA blood draw. Health education will include prostate health, smoking cessation and colorectal cancer information. Participants are encouraged to bring back their colorectal test kit sent to them prior to their appointment. This clinic is free to all NJCEED participants and those men who are uninsured or underinsured. Appointments are required. Please call 973-579-0570 ext. 1246 to schedule an appointment

Child Health Conference

Next Clinic Date: September 26, 2023

Complete physical exams, screenings, and age-appropriate immunizations for children ages 0-5 years old that are without health insurance. A clinic was held on June 27 and (3) three children were seen. Clinics are located at the Public Health Nursing Office, 201 Wheatsworth Road, Hamburg, NJ. Appointments are required and can be scheduled by calling 973-579-0570. Clinic dates are posted on the website.

Health Check Clinic

Next Clinic Date: September 26, 2023

This clinic offers vaccines for adults and school-aged children. There is no fee for vaccines if uninsured or underinsured. A clinic was held on June 27 and (1) one patient were seen. Clinics are located at the Public Health Nursing Office, 201 Wheatsworth Road, Hamburg. Appointments are required. Please call 973-579-0570 ext. 1275 to schedule an appointment. Clinic dates for 2023 are posted on the website.

Complete Metabolic Profile (CMP)

May 6 2023

A blood screening was offered including lipid profile tests, glucose, liver function tests, kidney function tests, complete blood counts and more. Eight (8) patients were seen Fee for the clinic is \$50. Appointments are required. Please call 973-579-0570 ext. 1275.

COVID-19 Vaccination Clinics

Clinics will continue to be updated on the SC website as they are scheduled. Public Health Nursing also continues to do weekly homebound vaccinations.

PHN Activities

- **September 9, 2023 – Hardyston Day 12:00 pm**
- **September 17, 2023 - Sussex County Day - 12pm**
- **September 19, 2023 – Empower U Club – Franklin Elementary School- 6:30 pm**
- **September 21, 2023 – Empower U Club – YMCA 6:30 pm**
- **September 22, 2023 – Healthy Leaving Festival – Bristol Glen – 2:30 pm**

Upcoming Events:

- **September 29, 2023 – YMCA program – 8:00 am**
- **October 5, 2023 – Harvest your Health – Project Self Sufficient – 4:00 pm – 6:00 pm**

COVID-19 Testing kits:

The Sussex County Division of Health continues to offer information on the SC website on how to obtain at home testing kits. All residential households are now eligible for an additional order of free at-home COVID-19 test kits through the United States Postal Service (USPS). Please note the following:

- Each order now includes eight (8) rapid antigen COVID-19 tests
- Your order of eight (8) tests will come in two (2) separate packages, with four (4) tests per package; each package will have its own tracking number.
- Packages will ship free through USPS.

County School Immunization Audits

Public Health Nursing staff audits the student immunization records for compliance with NJ State regulations in all Preschool, Elementary, Middle School, High School and Childcare Centers in Sussex County. This is done on an annual basis as required by the NJDOH.

Sussex Warren Chronic Disease Coalition

The SWCDC attended the annual Sussex County Veterans' Picnic. Information about health for cancer survivors was available, also information on Skin Cancer prevention.

On Monday evening, 8/28/23 we held a focus group in Spanish at the Saint Kateri RC Church after the migrant Ministry Mass. Participants discussed barriers to cancer education and screenings.

On 9/11/23 The NJDH is holding a kickoff meeting of the NJ State Cancer Coalition. SWCDC will be represented. The goal of the coalition is to prepare the upcoming NJ State Cancer plan.

The SWCDC will be attending the SC Senior Healthy Living Festival on 9/22/23 at Bristol Glen.

Will also be represented at the Pop Up Farmers Markets.

Basic health literate handouts are available at all outreaches to reinforce healthy eating and physical activity for our community members and promote prevention of cancer which is considered a chronic disease. **Community Health Improvement Plan (CHIP)**

The Community Health Needs Assessment (CHNA) and the Community Health Improvement plan (CHIP) are completed and have been sent to the state of New Jersey. They are located on the Healthy NJ 2030 site:

<https://www.nj.gov/health/healthynj/2030/community-plans/>

They are also located on the North Jersey Health Collaborative (NJHC) website:
<https://www.njhealthmatters.org/tiles/index/display?alias=sussexabout>

Data from participating SC partners is currently being collected and analyzed to track the progress of our interventions.

The Sussex County Health Collaborative meeting was held on 8/30/23.

Lead Program

The Office of Public Health Nursing continues investigating childhood elevated blood lead levels. The nurse case manager conducts home visits and coordinates care for those children with elevated levels. The nurse case manager offers outreach and education with various partnerships within the county. Education and outreach for pediatricians and clinics continues with the goal of increased screening of those populations most at risk. There are currently four (4) cases open and under investigation.

Tuberculosis Control Services

Public Health Nurses provide surveillance and case management to prevent the spread of tuberculosis. Daily direct observation of medication therapy and client/family education are components of this program. There is currently one (1) active case.

September 2023

Special Child Health Services:

Case Managers continue to assist families with the Catastrophic Illness in Children Relief Fund (CICRF). Case Managers work with Family Resource Specialists from the Statewide Parent Advocacy Network (SPAN) to assist families with educational needs and resources. Special Child Health Services works with Autism NJ to provide resources to families.

Meetings: Unit Coordinator Meeting

Outreach: Sparta Food Pantry tour and discussion with facilitator.
Sussex County Fair Display Board and giveaways.
Participation at Children's Day at the Fair.
Outreach with SCHS information and activity at PSS Back to School Fair. Discuss needs of the families on SCHS with community partners.

Education: Wizer Computer training.
Newborn screening PKU training.
Excel training from Rutgers.
Newborn Infant screening training Galactolose

Upcoming: Walkill Valley Coalition meeting.
Meet and Greet with County Administration and Christopher Gaeta from Insite psychiatric. DSAC Meeting.
Grant Meeting in office.
Quarterly Case Manager Meeting with State.
Unit Coordinator Meeting.
Grant Writing Class from Rutgers.

Communicable Diseases Report

As of 08/31/2023, one (1) active Scabies outbreak in a Long-Term Care Facility has been reported.

Sussex County Communicable Disease Statistical Report - August 2023	
DISEASE NAME	COUNT
BABESIOSIS (Vectorborne/tickborne disease)	7
CAMPYLOBACTERIOSIS (Foodborne Disease)	2
CRYPTOSPORIDIOSIS (Waterborne/foodborne disease)	1
SALMONELLOSIS - NON-TYPHOID (Foodborne Disease)	3
SHIGA TOXIN-PRODUCING E. COLI (STEC) (Foodborne Disease)	2
SPOTTED FEVER GROUP RICKETTSIOSIS (Vectorborne/tickborne disease)	1
VIBRIO INFECTIONS (OTHER THAN V. CHOLERAЕ SPP.) (Foodborne Disease)	1
	17

END